



St Ann's R.C. Primary School

PSHE Curriculum Intent

At St Ann's R.C. Primary School, our intent for Personal, Social, Health and Economic (PSHE) Education is to provide a high-quality, inclusive and progressive curriculum that supports children's personal development and prepares them for life both now and in the future.

Rooted in our Catholic faith and guided by our core values of Love, Respect and Service, our PSHE curriculum enables children to develop the knowledge, skills and attitudes needed to become healthy, safe, responsible and active members of society. We recognise that every child is uniquely created in the image and likeness of God and aim to nurture their spiritual, moral, social and emotional development so that they can flourish as confident and compassionate individuals.

Through a carefully sequenced programme of learning, children develop their understanding of physical health, mental wellbeing, emotional literacy, relationships, personal safety, citizenship and economic wellbeing. We encourage children to recognise the importance of caring for themselves and others, making informed decisions, managing risks and understanding their role within their local, national and global communities.

Our curriculum promotes Love by fostering positive relationships, kindness, empathy and compassion. We encourage children to recognise their own self-worth and the value of others, developing healthy relationships built upon trust, honesty and care.

We promote Respect by helping children understand and celebrate diversity, challenge prejudice and discrimination, and appreciate the rights, responsibilities and freedoms that support life in modern Britain. Through meaningful discussion and reflection, children learn to listen to others, respect differing viewpoints and demonstrate tolerance and understanding.

We develop a spirit of Service by encouraging children to contribute positively to their school, parish and wider community. They learn that their actions can make a difference and are inspired to use their gifts and talents to support others and promote the common good.

Our PSHE curriculum is informed by statutory Relationships Education and Health Education requirements and supports children in developing an understanding of mental and physical health, healthy relationships, personal safety, online safety, citizenship, economic wellbeing and the fundamental British Values of democracy, the rule of law, individual liberty, mutual respect and tolerance. Through this, children are prepared to become responsible, informed and active citizens who contribute positively to society.

Implementation

Our PSHE curriculum is designed to provide a clear progression of knowledge, skills and understanding from EYFS to Year 6 and is woven throughout the life of the school.

- **Progressive Curriculum:** PSHE is taught through a carefully sequenced programme which builds upon prior learning and enables children to revisit and deepen their understanding as they move through school.
- **Ten Ten Programme:** We use the *Life to the Full Plus* programme from Ten Ten to deliver Relationships, Sex and Health Education and key aspects of our wider PSHE curriculum in a manner that is fully aligned with Catholic teaching and statutory requirements.
- **Classroom Teaching:** PSHE is taught through dedicated lessons, teacher-led discussions, circle time activities and collaborative learning opportunities which encourage children to reflect, question and share their views respectfully.
- **Assemblies and Collective Worship:** Whole-school and phase assemblies reinforce key themes including wellbeing, relationships, personal responsibility, British Values, Catholic Social Teaching and our school values of Love, Respect and Service.
- **Discussion and Reflection:** Children are given regular opportunities to discuss real-life situations, explore different viewpoints and develop the skills needed to make informed and responsible decisions.
- **Outside Providers and Enrichment:** Visitors, workshops and specialist providers enhance children's learning through age-appropriate sessions related to health, wellbeing, safety, citizenship and personal development.
- **Personal Safety and Wellbeing:** Children are taught how to stay safe physically, emotionally and online. They develop an understanding of healthy lifestyles, resilience, emotional regulation and strategies for maintaining positive mental health.
- **Citizenship and Community Engagement:** Pupils are encouraged to take an active role within the school and wider community through charitable events, leadership opportunities, fundraising activities and acts of service.
- **Inclusive Approach:** Lessons are adapted to ensure all children can access the curriculum, participate fully and feel valued, respected and represented.
- **Cross-Curricular Links:** Opportunities are identified across the curriculum to reinforce PSHE learning and help children apply their knowledge and skills in meaningful contexts.

Impact

The impact of our PSHE curriculum is monitored through ongoing formative assessment, pupil voice, class discussions, observations and the attitudes and behaviours demonstrated by children across school life.

Our curriculum aims to:

- Ensure children leave St Ann's as confident, resilient and compassionate individuals who are well prepared for the next stage of their education and life beyond primary school.
- Develop children who consistently demonstrate our school values of Love, Respect and Service in their relationships and daily interactions.
- Enable pupils to understand how to keep themselves physically, mentally and emotionally healthy.
- Foster positive relationships built upon kindness, empathy, respect and responsibility.
- Equip children with the knowledge and skills to make informed decisions and manage risk in an increasingly complex world.
- Develop children's understanding of personal safety, including online safety and safeguarding.
- Build children's confidence, self-esteem and emotional resilience so they can respond positively to challenges and change.
- Promote respect for diversity and an understanding of the rights and responsibilities associated with life in modern Britain.
- Encourage children to become active citizens who contribute positively to their school, parish and wider community.
- Prepare pupils to navigate future opportunities, responsibilities and experiences with confidence and integrity.

Through high-quality PSHE provision, children develop the knowledge, skills and values needed to thrive. They leave St Ann's as confident, resilient and compassionate individuals who embody our school values of Love, Respect and Service and are well prepared for the next stage of their education and life beyond primary school.

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