



SMB Dance Ltd - Dance Curriculum Intent

Intent

At SMB Dance, we believe that every child should have the opportunity to experience dance as an enjoyable, creative and inclusive form of physical education.

Our curriculum aims to develop confident, physically literate pupils who enjoy movement, express themselves creatively and work collaboratively with others. Through engaging lessons, children develop fundamental movement skills, coordination, balance, rhythm and musicality while building confidence, resilience and self-esteem.

Dance provides opportunities for all children to succeed regardless of previous experience. Pupils are encouraged to explore movement, create choreography, perform with confidence and evaluate both their own and others' performances.

Our curriculum progressively develops knowledge, skills and understanding from Early Years through to Year 6, ensuring every child experiences challenge, achievement and enjoyment.

Aims

Our dance curriculum enables pupils to:

- Develop agility, balance, coordination and control.
- Improve physical fitness and body awareness.
- Develop rhythm, timing and musicality.
- Explore creativity through movement.
- Create and perform short dance sequences.
- Work cooperatively and respectfully with others.
- Build confidence when performing.
- Evaluate and improve performances.
- Appreciate dance from different cultures and styles.
- Foster a lifelong enjoyment of physical activity.

Inclusion

Lessons are designed so every child can participate regardless of ability or experience. Activities are differentiated through challenge, support and adaptation, ensuring every pupil experiences success and progression.

Implementation

Lessons follow a consistent structure:

- Warm-up and movement preparation
- Skill development
- Creative exploration
- Choreography
- Performance
- Cool Down
- Reflection and evaluation

Children revisit key skills regularly whilst building upon previous learning.

Impact

By the end of primary school pupils will:

- Perform confidently and safely.
- Create and remember movement sequences.
- Demonstrate increasing coordination, balance and control.
- Work effectively with partners and groups.
- Evaluate performances using appropriate vocabulary.
- Enjoy participating in dance and physical activity.